

➡ To make it easy and straightforward for you to reorder your next prescription, on the left you will find **your personal hosiery pass** containing all of the information you will need. Simply peel off, stick the two sides together and keep in a safe place.

Best regards,
Ofa Bamberg



Machine washing instructions:



compression stockings
the right way
to wash

Please wash inside out and do not use fabric softener!

- Wash on a delicate or gentle cycle
- Do not bleach
- Dry gently and carefully
- Do not iron
- No chemical dry cleaning

Washing

- suitable for immediate use
- recommendation: wash before wearing for the first time
- wash daily by hand (max. 40°C) or on the delicate setting in your washing machine
- wash separately and use detergent for delicate fabrics (such as "Ofa Clean special detergent"), do not use fabric softener
- rinse well, spin gently and do not wring out
- leave to dry on a towel or use the cool setting in your dryer; never iron, and do not dry on a heater or in the sun

Material composition

Made of polyamide (Polyamid), elastane (Elastan) and for some products cotton (Baumwolle). Please refer to the textile label sewn into your stocking for the precise details.

Care

- keep dry, preferably in the original packaging, and protect against direct exposure to sunlight and heat.
- do not allow stockings with silicone-coated grip tops to come into contact with solvents, ointments, creams or moisturising body wash, since this can permanently impair the adhesive properties
- regular footcare and proper footwear are essential
- pilling is a normal occurrence in textiles and does not constitute a reason for refund
- never repair damaged stockings yourself; take it to the retailer where you made the original purchase

Intended use

Compression stockings are used to treat phlebological and lymphological arm and leg conditions, as well as for lipedema. Different products are used depending on the indication.

Effective principle of medical compression stockings

Products tailored to the respective indication and controlled pressure accelerate blood reflux, improve microcirculation in the tissue and increase lymph flow.

Important information

- Wear compression stockings only after speaking to your doctor
- Successful treatment requires daily wear and regular checkups
- Medically trained professionals must provide the stockings and show you how to put them on properly
- If you experience acute leg pain or skin reactions, contact a doctor immediately
- Regularly shifting the adhesive tape slightly can help prevent skin irritation
- Please contact the retailer if you notice any quality issues or have a complaint

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We give our best – to keep you on your feet!

Your Ofa custom-made stockings comply with the world's most stringent quality and testing regulations for medical compression stockings (RAL-GZ 387/1) and satisfy the Oeko-TEX Standard 100, which stipulates the use of harmless materials and dyes.

When you wear your Ofa custom-made product, you enjoy the results of many years' research and development. We use state-of-the-art technology to ensure our products are carefully manufactured and always high-quality. Regular certification by independent testing organisations demonstrates our responsible handling of all products.

Top quality
from Ofa Bamberg

- Indications (see also AWMF Medical Compression Therapy Guideline 037/005, Version 12/18)**
- Improvement of venous symptoms and quality of life
 - Pregnancy
 - Condition after burns
 - Scar treatment
- Contraindications**
- Prevention and treatment of venous edema
 - Eczema and pigmentation
 - Lipodermatosclerosis and atrophic blanche
 - Therapy and pain reduction for venous leg ulcers, including relapse prevention
 - Treatment of arterial and venous leg ulcers (see contraindications!)
 - Varicose veins
 - Initial phase after treatment for varicose veins
 - Functional venous insufficiency
 - Venous malformations
 - Condition after thrombosis
 - Venous thrombosis
 - Post-thrombotic syndrome
 - Thrombosis prophylaxis in mobile patients
 - Lymphedema
 - Edema in pregnancy
 - Post-traumatic/post-operative edema
 - Cyclic idiopathic edema
 - Stage II lipedema and above
 - Venous stasis resulting from immobility (arthrogenic congestive syndrome, paresis, and partial paresis of the extremity)
 - Occupation-related edema (occupations involving long periods of standing and sitting)
 - Medication-related edema, if change of medication not possible
 - Obesity with functional venous insufficiency
 - Inflammatory dermatoses of the legs
- Absolute contraindications:**
- Advanced peripheral arterial occlusive disease
 - Congestive heart failure
 - Septic phlebitis
 - Rhegmasia cerebra dolens
- Relative contraindications:**
- Allergies to compression stocking materials
 - Wearing dermatoses
 - Severe sensitivity disorders of the extremity
 - Advanced peripheral neuropathy (e.g. diabetes mellitus)
 - Chronic polyarthritis
- No liability is accepted if these contraindications are not observed.**
- Risks and side effects**
- Users with sensitive skin may experience itching and skin irritation when using compression stockings. Adequate skin care is therefore recommended. If you suffer the following symptoms, please remove the stockings immediately and discuss further treatment with your doctor: blue or white coloration of the toes, sensations of discomfort and numbness, increasing pain, shortness of breath and sweating, acute movement restrictions.

Mandatory reporting

Due to legal requirements, patients and users are obliged to report immediately any serious incidents which have occurred in connection with the product and which have resulted in, or could have led to a significant deterioration in the state of health or to death, immediately to the manufacturer and the competent national authority (in Germany BfArM).

Disposal

After the end of the usage period, please dispose of the product in accordance with local regulations.

Warranty

The shelf life of medical compression stockings is limited to 3 years when properly stored. Added to this is the wearing time, which is a maximum of 6 months with regular use and proper care. After this period, the products are excluded from the warranty. Defects attributable to normal wear and tear or improper use are not covered by the guarantee. Improper use also includes any subsequent modification to the product that has not been carried out by the manufacturer. The product is intended for use by a single patient. If it is passed on to other persons for reuse, the manufacturer's product liability is no longer valid.



How to put them on, closed toe

- 1 To put the stockings on, turn it inside out as far as the foot. Slip the foot section over your toes and then over the instep.
- 2 Now carefully pull the leg section over your heel. Please avoid pulling up the stockings at the end or grip top.
- 3 Pull the rest of the stockings up leg until there are no wrinkles.

How to put them on, open toe

- 1 Now pull the stockings on until the heel is in the right place. This is very easy with the Ofa dressing aid.
- 2 To take out the dressing aid, pull back the forefoot section of the stockings.
- 3 Pull the dressing aid out over the tip of your toes.
- 4 Then carefully roll back the forefoot section of the stockings again. Then pull the rest of the stockings up evenly without overstretching it. Finally, adjust the stockings on the leg until there are no wrinkles.
- 5