

**PUSH MED SHOULDER BRACE****INTRODUCTION**

Push med products provide effective solutions for the treatment and prevention of injuries of the locomotor apparatus.

Your new shoulder brace is a Push med product, characterised by a high level of effectiveness, comfort and quality. The Push med shoulder brace offers proper fixation and pain relief. Mechanical support and good position retention constitute the basis of its performance.

Push med products are innovative and are manufactured for you with great care. The aim is to provide optimal satisfaction. In the interest of user satisfaction. Read the product information carefully before you use the Push med shoulder brace. If you have any questions, do not hesitate to ask your supplier or use [www.push.eu](http://www.push.eu).

**PRODUCT CHARACTERISTICS**

Your Push med shoulder brace consists of three components. The breast strap, which is closed around the lower chest or upper waist, constitutes the basis of the brace. This strap only needs to be adjusted once to determine the correct size. The upper arm strap allows the upper arm to be fixed against the body preventing use of the shoulder. The shoulder brace can be positioned in a way that requires the arm in a particular position. The position can be changed easily, turning the breast strap slightly. The third position point is the comfortable wrist fixation and hand support. This keeps the arm fixed and prevents the hand from sliding during use. It also provides support. This allows the arm to be fixed and prevents the hand from slipping. If only abduction restriction is required, both the wrist fixation and the hand support may be removed. As the brace closes around the body, the neck and shoulder regions are not belasted. Each fixation point is individually adjustable, for an optimal fit in all circumstances.

The Push med shoulder brace can be washed normally.

**INDICATIONS**

- Collarbone fracture
- Treatment after subluxation
- Treatment after subluxation of the SC or AC joint
- Subcapital humerus fracture
- Humeruskopfraktur
- Periarthritis humeroscapularis
- Postoperative treatment
- As a sling in the case of a flaccid hemiparesis (also at night)

There are no known disorders where the brace cannot or should not be worn. In the case of poor blood circulation in the limbs, a brace may cause haemeraemia. Avoid applying the brace too tightly at first.

Pain is always a warning sign. If the pain persists or symptoms worsen, it is advisable to consult your doctor or therapist.

**FITTING / SETTING**

The shoulder brace is available in 3 sizes. For each size, the model can be used for both the left and the right shoulder. For proper fitting, the chest circumference is measured 5 centimetres above the elbow, with your arm hanging relaxed by your side. The table on the packaging shows the correct brace size for your chest circumference.

Use the molecule symbols featured on the hook and loop fasteners as your guide to determine the correct fitting sequence (Ⓐ Ⓑ Ⓒ).

Before the brace is fitted, it is recommended to attach the various braces, in order to get a good overview of the brace.

A. Close the breast strap so that it fits comfortably (Ⓐ).

For the professional who supplies the brace: Before initial use, the strap of the brace must be adjusted for the patient once:

1. Then adjust the breast strap so that it fits closely to the body and feels comfortable for the patient.
2. Schließen Sie das Oberarmband, indem Sie das Band durch den Verschluss ziehen und kurz oberhalb des Ellenbogens schließen (Ⓑ).
3. Schließen Sie die Handgelenksfixierung (Ⓐ). Sie können die Handgelenksfixierung und die Handstütze auf dem Brustband für eine Stütze möglichst bequeme Position nach links und rechts verschieben.

Fit instructions for patients in a reclining position:

- Measure the half of the circumference of the patient
- Multiply this by 2
- Use the clasp to adjust the length of the breast strap at the back
- Open the breast strap using the quick release
- Fit the brace

**CARE AND MAINTENANCE**

